



In 2021

Our organization came together to raise \$110K for emergency COVID response to help the people in remote areas of Nepal



Our Response



Together, we raised _____

\$110K for Covid Response

Which funded _____

21 Health Centers
safety equipments, trainings

16 Schools
safety equipments, trainings

10 Covid Patients
Helicopter Rescue

718 Families, Food Relief

Through out _____

7 Rural Municipalities
of 2 Districts

Direct & Indirect Beneficiaries _____

20,000 

Safety Equipments

21 Health Centers: Oxygen concentrators, mask, antigen kit, BP set, PPE set, surgical gloves, digital thermometer, pulse oximeter, examination gloves, hand sanitizer, hand wash, electric spraying drum, nebulizer machine, steam inhaler, iv cannula, iv Infusion set, and trainings for front-line health worker.

16 Schools: Personal protective equipment to teachers and students, hand washing stations, soap and hand sanitizers. Cleaning and disinfecting materials, water and sanitation facilities provided to all the sixteen schools. Workbooks for students, COVID awareness materials. COVID safety training for teachers, school management committee and parents. The safety equipments and trainings have strengthened our capacity to respond to COVID-19.

The safety equipments and trainings have strengthened our capacity to respond to COVID-19. Having the safety equipments at the health centers has built our confidence, we feel safe, also, the patients feel safe and there is less risk of infection. Says, Shanti Rai, health worker from Pelmang Health Center.



Covid Patients Helicopter Rescued



COVID 19 was having its impact physically, psychologically as well as economically. People in mountainous region of Solukhumbu were losing their life due to not having enough medical treatment at the local health centers and not being evacuated on time to hospital in Kathmandu due to the high cost of helicopter.

Action for Nepal Response:

Negotiated with the helicopter company and brought the air lifting cost down to almost half, Coordinated with the hospital in Kathmandu as a referral center for bringing critical COVID positive cases from Solukhumbu and negotiated with the hospital to provide the treatment at a subsidized cost, Coordinated with the local government to provide financial assistance to the patients with poor socio-economic background. Action for Nepal supported the cost of the medical team accompanying the patient in the helicopter.

10 critical COVID positive cases were air lifted to hospital in Kathmandu



Established Isolation Center

As the new variants of the COVID virus was spreading very fast, Action for Nepal in coordination with Khumbu Pasanglhamu Rural Municipality established 10 bed Isolation Center in the bustling town of Namche Bazar. PPEs, antigen testing kits, oxygen concentrators, pulse oximeters, patient beds and medicines were provided to the isolation center. The Isolation center is effectively in use.



Free Doctor Consultation

With the new variants of the COVID virus, the infection was spreading very fast. The health workers in these remote communities were facing difficulty in managing the COVID positive cases. Free doctor consultation on phone were set up in coordination with the Covid Alliance group and Ask Foundation. A team of specialized medical doctors and nurses provided free consultation on phone. More than 4000 calls were received in a month.

Similarly for the COVID positive patients at home isolation, 10 days free regular home isolation telephone service was set up and shared with the communities.

4000 calls were received in a month



Action For Nepal **Covid Alliance for Nepal**

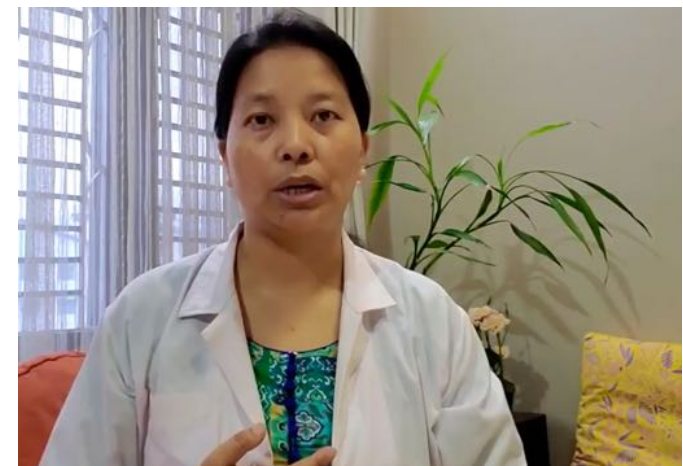
Free Doctor Consultation

हाल विश्व व्यापी महामारीको रूपमा फैलिएको कोभिड-१९ को नयाँ भेरिएन्ट सबै उमेर समूहका लागि संक्रामक र जोखिमपूर्ण रहेको पुष्टि भएको हुँदा यसको संक्रमणबाट बच्न र संक्रमितहरूलाई बचाउनको लागि **कोभिड अलाइन्स फर नेपाल** संघको सहकार्यमा **एक्सन फर नेपाल** ले कोभिड-१९ सम्बन्धि विज्ञ चिकित्सकहरूबाट नि:शुल्क परामर्श सेवा उपलब्ध गराइने भएको हुँदा आवश्यक परामर्श चाहिने सम्पूर्ण महानुभावहरू र संक्रमितको उपचारमा संलग्न स्वास्थ्यकर्मीहरूले समेत तपसिलको समय र नम्बरमा सम्पर्क गर्नुहुन हार्दिक अनुरोध गरिन्छ ।

समय: विहान ६:०० बजेदेखि बेलुकी ९:३० बजेसम्म
सम्पर्क नं.: ९८८००३५०००
www.afnepal.org

ask COVID-19 Emergency Response Project

STAY HEALTHY STAY SAFE



Food Relief

COVID 19 Food Relief: 718 economically backward families of ward 1 Kharikhola of Khumbu Pasanglhamu Rural Municipality was supported with food supplies. These families were badly affected by COVID pandemic, most of the family members are trekking porters and daily wage laborers.



Fura's Story

Fura Sherpa, 41 yrs is from Khumjung Village. She say's "After I was tested positive, I started to have a body pain, and headache. After few days, I started to have breathing problem. I went to the local heath center, the medical officer advised me to fly to Kathmandu for the further treatment. It was impossible for me to walk for two days down hill from my home town to the nearest airport in Lukla.

Few people from our areas had lost their life due to not having the good medical care. My conditions was getting worse day by day. My brother had heard from his friends that Action for Nepal helps critical COVID patients with the helicopter evacuations. He called Action for Nepal and Action for Nepal immediately responded. The weather was so bad, it was not possible for the helicopter to land. The helicopter was kept on stand by for the whole day in Kathmandu but due to bad weather helicopter could not come the same day.

I was really scared both with the weather and my health. Weather in mountains keeps on changing. I prayed to god for good weather and my life. Next morning, I could see the weather was ok for helicopter to land, I thanked god for listening to my prayers. At 7:00 am in the morning my bother got a call from Action for Nepal saying the helicopter has taken off with the medical team for my evacuation. I was so relieved to hear this and finally I was evacuated.

I don't have any words to thank Action for Nepal. They helped save my life and many others. I was evacuated on time. The hospital where I had my treatment in Kathmandu was the referral center set up by the local government and Action for Nepal. I had a good care in the hospital. Action for Nepal had also negotiated with the hospital to provide the treatment at a subsidized cost for Covid patient. This helped me financially. All I can say is, thank you Action for Nepal for saving my life. Some day, I wish to support the wonderful work the organization is doing to help the people in the remote region"



What local Government Representative Have to Say



Junita Magar

Deputy Mayor
Mapya Dudhkoshi RM

Action for Nepal have been one of our major partner on health. For COVID, the organization did amazing work. All our health centers have been well equipped with basic emergency supplies. The frontline health work have been trained to cope with the situation, they have gained more confident. The best part of Action for Nepal is, for every development projects, they collaborated with local stakeholder and encouraged local to lead the projects and thats how our government is working with them. We feel privileged to be working with Action for Nepal. Thank you for the Covid response program.



Laxman Adhikari

Chair, Ward 4
Khumbu Pasanglhamu RM

One thing Action for Nepal did differently than other organization for COVID response was they negotiated with the helicopter company and managed to get the cost almost to half to evacuate COVID patients, they managed hospital in Kathmandu as a referral center for critical COVID positive cases and managed the hospital to provide the treatment at a subsidized cost, coordinated with the local government to provide financial assistance to the patients with poor socio-economic background. This was so important to do. We have no roads in Khumbu for emergency evacuation, every people can't afford to pay for the helicopter. Hospitals in Kathmandu are very expensive. Action for Nepal understands the local context, needs, and thats how they react. This is what makes them different from other organization.

We highly appreciate Action for Nepal COVID response program. Many lives have been saved. Our local government has always been excited to work with Action for Nepal. Action for Nepal is also supporting our municipality with drinking water and education project. They have been our long term development partner. Thank you for all the support.



Our Finance

Transparency

We believe being transparent is the best way to honestly present what we do, and to maintain a trusting relationship with the partners and donors with whom we work.

We decided to publish the COVID response project report first to show what we have achieved and to show how the funds we have received from our generous donors have been spent.

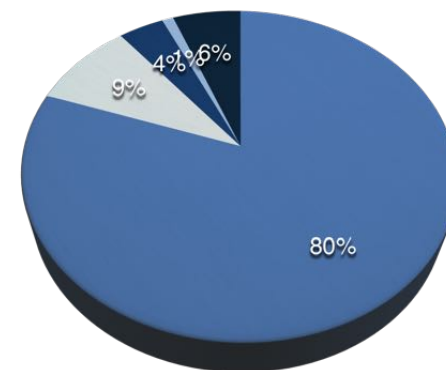
Secondly, we believe every donor and organisation has a right to know where their money has been spent.

US\$110K
total raised

US\$102K COVID
Response

US\$8K Management
Cost

- MEDICAL SUPPLIES
- FOOD RELIEF
- MANAGEMENT
- COVID RESCUE
- SWC





Thank You

Luklass Association - Swiss
Australian Himalayan Foundation - Australia
Burwen Education Foundation - USA
Mid-Town Rotary - Kathmandu
Himalayan Trust UK

HE Felicity Volk
Robyn & Mike Dillion
Russell & Debra Brown
Rachael & Jeff Cane
Lisa Choegyal
Guy Cotter
Nuru Sherpa, team Ncell

Altitude Air Pvt.Ltd
Karuna Hospital
Ask Foundation
Covid Alliance

Khumbu Pasanglhamu RM
Mahakulung RM
Mapya Dudhkoshi RM
Sirijangha RM
Phaktanglung RM



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